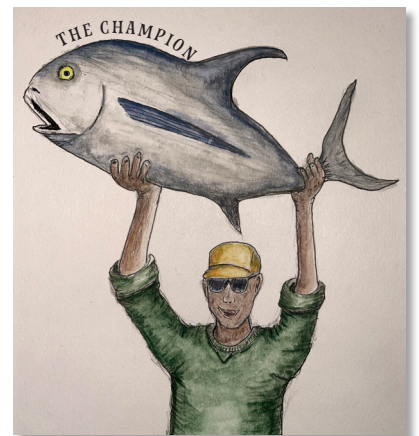


HOW TO HOLD A FISH

Whenever handling fish, be sure to pick it up properly, so as not to damage the flesh. Picking up and holding a fish by the tail can cause the vertebrae of the fish backbone to separate, resulting in torn flesh and blood leakage. The fish may then have mushy, bloody meat along the spine and center of the fillet.



Questions?
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